



• Since 1902 •

# MILK FROM GRASS TO THE GLASS

JANUARY 2015 NEWSLETTER

651-464-0776

autumnwoodfarmllc.com

**AS WE BEGIN A NEW YEAR**, our Autumnwood family and staff would like to thank you for your patronage over the past year. You are the life of our business and we appreciate you choosing "tasty" milk. We look forward to continuing to provide you with quality milk and local products.

## NEWS ON THE FARM

The new year was brought in with a blast of winter's chill. The sub-zero temperatures created challenges for the normal daily work routine. Along with keeping equipment running and waterers from freezing, more effort has to be made to keep the cattle dry and comfortable.



During the frigid temperatures, the milking cows are kept in the barn. Extra cornstalk bedding is added to the youngstock housing areas. Cold temperatures can be difficult for baby calves. They have to use a lot of their energy to keep warm due to the high percentage of surface area exposed to the air. Our babies are enveloped in calf jackets which add extra warmth and insulation (as shown in the photo.) We are enjoying the milder temperatures currently and are planning for the seven calves that will be born during the month of February.

Our milking barn features forty stalls and one maternity/hospital pen. One of our 4-H show cows, Date, has been the occupant of the pen since spraining her hock(rear knee) while in heat. Meanwhile, during the recent cold snap, another cow had delivered a calf and was having a difficult time adjusting to her stall, so she was given the pen.

While sub-zero temps. endured, every cow stayed in place. Once warmer weather arrived, the cows got outside for the day. Upon re-entering the barn for evening milking, Date made a beeline for the pen, reclaiming her luxury suite as her own. After all, as a show cow, she has become accustomed to life being all about her. Date has now made this trek to the pen a part of her daily routine. We'll let her bask in leisure for awhile longer until the next maternity cow beckons the need for the pen.



## WANTED!

Your empty milk bottles

Please help us by returning your clean milk bottles to the farm store or one of our retail locations.

Our bottles are reusable so we do depend on them to supply our stores and you, as customers with your milk needs. Thank you!

## WHERE TO PURCHASE OUR PRODUCTS

### AUTUMNWOOD DAIRY STORE

19435 Granada Ave. N. • Forest Lake, MN 55025  
Monday-Friday Noon - 6pm • Saturday 10am-4 pm

**FARMER'S COOP CREAMERY** - Foreston

**COUNTY MARKET** - North Branch

**CUB FOODS** - Arden Hills, Forest Lake, Maplewood East & West, Stillwater, White Bear Lake Township, Woodbury

**FESTIVAL FOODS** - Andover, Bloomington, Brooklyn Park, Hugo, Lexington, Vadnais Heights, White Bear Lake

**GRASSROOTS COOP** - Anoka

**KNOWLAN'S** - Maplewood, South St. Paul

**KOWALSKI'S** - Eden Prairie, Eagan, Minneapolis, Oak Park Heights, St. Paul, White Bear Lake, Woodbury

**MISSISSIPPI MARKET** - St Paul at Selby & Dale

**THE MARKETPLACE** - St. Michael

### COFFEE BARS, BAKERIES & RESTAURANTS

**Big Dipper Ice Cream Parlor**  
1250 126th Ave. N.E., Blaine

**Groundswell Coffee**,  
1342 W. Thomas Ave., St. Paul

**Black Coffee**  
1500 Como Ave., Mpls.

**Legacy Chocolate**  
St. Paul

**Blue Ox Coffee**  
38th & Chicago, Mpls.

**Peace Coffee**,  
3262 Minnehaha, Mpls.  
6420 Lyndale Ave., Mpls.  
Capella Towers., Mpls.

**Claddagh**  
459 West 7th St., St. Paul

**Quixotic** Cleveland Ave. &  
Ford Pkwy, St. Paul

**Copper Hen**  
2515 Nicollet Ave., Mpls.

**Rustica**  
Lake St. & Market Plaza, Mpls.

**Corner Table**  
43rd & Nicollet, Mpls.

**Victory 44 Cafe**  
2203 44th Ave., Mpls.

**Cow Bella Gelato**,  
1700 Grand Ave., St. Paul

**Up Cafe**,  
1901 Traffic St. N. E., Mpls.

**Dogwood / Calhoun**  
Hennepin & Lake St. Mpls.

**Urban Bean Coffee**  
2401 Lyndale Ave. S., Mpls.

**Dogwood / E. Lake**  
4023 E. Lake St., Mpls

**Dogwood / Shinola**  
228 Washington Ave N. Mpls.