



# AUTUMNWOOD FARM

• Since 1902 •

MILK FROM GRASS TO THE GLASS

MARCH 2010 · NEWSLETTER

651-464-0776 • autumnwoodfarmllc.com

## ON THE FARM...

Our first calf of the year has arrived—two of them actually, on Valentine’s Day, Feb. 14th. Checking the expectant mother upon our return from church, there was a set of twins resting comfortably alongside her. The bull (male) calf weighed in at 85 lbs. while the heifer (female) came in at 75 lbs. Cattle are unique in that females born twin to a male are almost always sterile. This is reportedly due to a hormonal influence from the male during early development. These sterile heifers are then known as freemartins.

## COW OF THE MONTH

*Sharlene Daninger*

Expectation is our March Cow of the Month. She is from a prolific cow family which began years ago with Eudora, a cow we purchased from my parents. Our children often assist in naming our cows, hence the interesting name.

Expectation has been exhibited at the county at state fair 4-H shows by our son, Luke. She has a docile disposition, a ravenous appetite and a habit of roaming from stall to stall to lap up any breakfast remains after morning milking. We look forward to April, when she will deliver her third calf.



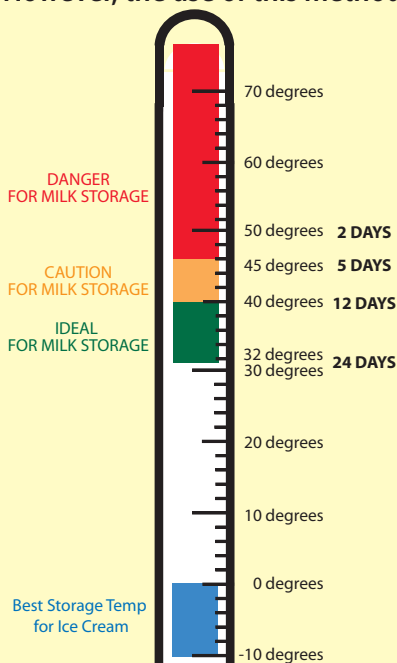
## ALL ABOUT MILK TEMPERATURES...

Proper refrigeration is critical in maintaining quality milk. When pasteurizing Autumnwood milk, we use a long-time, low temperature method. This preserves the “tasty” flavor and enzymes as well. However, the use of this method may make it

even more important to keep your milk below 40° F.

Temperatures within a refrigerator will vary. Lower shelves in back are generally colder than the door compartment or the upper shelf.

*Store dairy products between 33° F and 40° F for proper quality protection.*



## Autumnwood Dairy Store Hours

Monday- Friday • Noon-6pm

Saturday, 10am-4pm



## WHAT'S NEW?

### COMING TO ARDEN HILLS!

Autumnwood Farm milk is coming to Cub Foods, 3717 Lexington Ave N. in Arden Hills

### COMING TO KNOWLAN'S

Our milk will be arriving on the shelves of Knowlans in Maplewood and South St. Paul by mid-March



## WHERE TO PURCHASE OUR PRODUCTS

- Autumnwood Dairy Store
- Forest Lake • M-F Noon - 6pm, Sat 10-4
- Bock Creamery - Bock
- County Market - North Branch
- Cub Foods - Arden Hills, Forest Lake, Stillwater
- Festival Foods - Andover, Bloomington, Brooklyn Park, Hugo, Lexington, Vadnais Heights, White Bear Lake
- Grundhofer's Old Fashion Meats - Hugo
- Hagberg's County Market - Lake Elmo
- Kowalski's - Eden Prairie, Oak Park Hgts,
- White Bear Lake, Woodbury
- Mississippi Market
- St Paul at Selby & Dale
- The Marketplace - St. Michael

